

## Conscious Creation Exercise

Prove To Yourself That You CAN and DO Truly Create Your Own Experience As You Consciously Choose! Do this experiment for at least three different simple things, and have them grow in seeming apparent challenge after each successful **Conscious Creation Exercise** is accomplished.

- 1. Think of something you would like to Create into your life this week** (that you are not emotionally involved in). **CHOOSE SOMETHING VERY SIMPLE**, like a feather, or some money (a \$5 bill), or a glass bead, or flowers, or a CD, or a book. Choose anything that excites you, anything that you have no clue as to how it is going to come to you.
- 2. You want to choose something that you can Visualize and Vibrationalize and Vocalize** clearly. You want to choose something that you can **Think About** and **Feel About** and **Talk About** clearly until you **Know and Believe it is Now Here**. This is not something that you can force. You want to **Be Vibrationally One** with the thing you choose. Make Sure You Visualize Yourself with the thing you want. **If you're not there with what you wish to Create, then who is?**
- 3. You want to Choose something and have fun imagining this thing in your life.** The more fun, the more power you Access to Create it. You want to **Choose something that you believe can come to you this week 100% without questions or doubt**. When you believe it's here with you absolutely, then it is going to come to you absolutely.
- 4. You are going to have to Take Inspired Action when it is suggested to you.** Follow God Giving Ongoing Direction that encourages you to be, do, have, or experience things daily **just for the fun of them**. As you have fun living your life joyfully, you will come across whatever you have Chosen to Create this week, and when you see it you have to ACT. You still have to grab what you want to Create. You may have to ask for it. You may have to pick it up. You may have to buy it. You will know what Action you need to take when you see what it is that you Chose to Create.
- 5. You want to Thank God/Life/Energy (in advance)** for this thing being in your life. **True Deep Appreciation Sets your Creation Vibration to That Which You Desire.**
- 6. You want to Let Go of this thing.** You don't have to keep energizing it to Create it. However, whenever it comes up in your mind, **Think About** and **Feel About** and **Talk About** it clearly so you **Know and Believe it is Now Here**.
- 7. Enjoy your life**, no matter what you are doing, and see what happens by feeling good about whatever is present in your life and about what you wish to Create. Be amazed as God/Life/Energy Creates whatever you have asked for because **You Vibrationally Aligned with what you Chose.**

**You Are The Vibrational Source Of All That Is In Your Life.**

**You Are The Vibrational Source Of That Which You Seek.**

**You Are The Vibrational Source Of Your Experience.**

When you Know without question or doubt that You Are The Vibrational Source of Your Experience, you will be Aware that You Can Create Anything You Choose whether you are emotionally involved with it (or not).

**Until you Truly Believe that, it will be very easy to get frustrated and say ... this stuff doesn't work.**

**When you prove it to yourself you will know ... THIS STUFF WORKS.**

**And you will consciously say ... I AM Creating My Own Experience.**

When you **Experience** your part in the Creative Process, the tools presented at [Unconditional Love Books.com](http://Unconditional Love Books.com) will help you Create More Powerfully Than You Have Ever Created Before.



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