

It Is Done

I have been immensely inspired by Abraham-Hicks. Their concepts sometimes challenge conventional wisdom, yet they have been powerful effective tools in my life. You can check out their website here => [Abraham-Hicks](#)

Now I am going to explain four concepts as I have been able to understand them and use them effectively in my life. Remember, as with any new process or concept you use, it takes time for you to effectively manifest with them.

#1 "The Place Mat Process": With this process Abraham-Hicks encourage people to make two lists. The first list is made up of the things you are going to do. The second list is made of the things the Manager is going to do for you. Just give anything you worry about (which is creation away from what you want) over to the Manager.

#2 "Give it to the Manager": Abraham-Hicks sees everyone as having a Manager who manages your life without you have to worry about anything. In my life, I call this Manager => God/Life/Energy. You may use any term for your purpose. The Manager oversees the parts of your life that are too big for you to do on your own. The Manager Orchestrates all the people, places, and things that are going to be required to get them done for you, without you having to worry about them getting done.

#3 "It is Done": Once you have given a task to the Manager, you have to realize that "It is Done". The manifestation of all Manager tasks is a certainty. With Divine Right and Divine Timing, the perfect people, places, and things will manifest in your life when they can provide the most benefit to the world through you.

#4 "Visualize only to raise your Vibration": Abraham-Hicks explains that visualization as many people do it is filled with the energy of "Trying to Create Something". When you are "Trying to Create Something", your Vibration is a match to "Trying to Create Something". Instead Abraham-Hicks recommends that visualization is most effective when we do it with the energy of "It is Done". When we have Fun Visualizing and Imagining and Enjoying with the energy of "It is Done", we effectively raise our Vibration to match our Dreams.

Now make your two lists. Place them in a prominent and easy place for you to see them. Here are some examples . . .

My ~~To-Do~~ Have Fun List

1. Love and Appreciate your life
2. Have Fun - Laugh More
3. Visualize your dreams as being here
(Not to get anything done - It Is Done)
Have fun and raise your vibration
4. Relax - take it easy
5. Think of your dreams as now here *in vibration*
6. Feel your dreams are now here *in vibration*
7. Speak of your dreams being now here *in vibration*
8. Act as if your dreams are now here *in vibration*

GOD's ~~To-Do~~ It IS DONE List

1. Radiant Health ?? *as you desire it*
2. Love ?? *as you desire it*
3. Success ?? *as you desire it*
4. Abundance + Money ?? *as you desire it*
5. Trip ?? *as you desire it*
6. New Home ?? *as you desire it*
7. Family + Friends ?? *as you desire them*
8. Etcetera ?? *as you desire it*
Define your dreams and add,
"These or something even better."

If you have been worrying, and you give your worries over to the Manager, you will probably experience a sense of relief. Realize that this is not going to fix your problems, it is going to relieve you of your worrying about them. Without worry, you can believe that a solution is possible. When you believe a solution is possible, you can discover it and act upon it.

God/Life/Energy is going to relieve you from your worrying, but you still have to act confidently and effectively to Create the results you want. The Manager will Orchestrate the pieces necessary, but you still have to claim them and use them in your life. The first solution you try may only be the first piece to the puzzle, so keep moving forward until you get the results you desire.



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