

The Popcorn Analogy

Everything you wish in your life is like Popcorn.

Right now you have a large collection of popcorn (your dreams) lightly covered in oil (your attention) and when the temperature (your focus) is right in Alignment, your dreams Pop to Life.

Some of your popcorn stays coated in oil and the temperature varies between perfect and partial, and your dreams stay in the kernel.

Some of your popcorn Pops but because your temperature varied, the kernel only partially Pops and it's full potential stays mostly within the kernel.

Some of your popcorn takes little or no effort on your part, and it Pops full and fluffy.

All of your popcorn Pops (or not) because of your Attention and Focus onto it. When your Attention and Focus is full of belief and confidence and expectation, all the elements are perfect and WOW.

WOW Is Me or . . .

Your entire life fluctuates amongst different foci:

WOW is me
woe is me
WOW is them
woe is them
Where is my WOW?
When is my WOW?
How come they have their WOW, and I don't?
How long do I have to wait for my WOW?
What did I do to deserve this woe?

Back To The Popcorn Analogy

Every piece of Popcorn is made up of your dreams (what you want).
Some of your dreams are nightmares (what you say you do not want).

Right now you have a large collection of popcorn (your dreams and nightmares) lightly covered in oil (your attention) and when the temperature (your focus) is right in Alignment, your dreams and nightmares Pop to Life.

Only focus on what you want and you will only experience what you want.

If you want to experience something, focus upon it with your attention; joyfully, peacefully, expectantly.



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